

### Student Financial Aid

Guides students through the process of locating and applying for financial aid. Prepared by the Congressional Research Service for Members of Congress, updated March 2009.

- The basics: getting started
- Student aid and where it comes from
- Targeted aid for specific groups
- Repaying your loans

### The Basics: Getting Started

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- **Start gathering information early.**
- **Free information** is readily available from:
  - High school counselors
  - College and career school financial aid offices (where you plan to attend)
  - Local and college libraries
  - [Student Aid on the Web](#) (U.S. Department of Education)
  - Other Internet sites (search terms *student financial aid* OR *assistance*)
- **Ask questions:** counselors may know if you have exceptional circumstances that affect your eligibility.
- **Be organized:** use [calendars](#) to keep on track.
- **Keep copies** of all forms and correspondence: *you must reapply for aid each year.*
- **Parents of students:** save money long before your child attends college.
  - [FinAid: for Parents](#)
  - [College Savings Plan Network](#) (state "Section 529" plans)
  - Tax incentives for higher education expenses
- **Good overviews:**
  - [Cash for College](#)
  - [FinAid: The Smart Student Guide to Financial Aid](#)
  - [Financial Aid: You Can Afford It](#)
  - [Looking for Student Aid](#)

[Mapping Your Future](#)

[Paying for College](#)

- **Beware of scholarship scams** -- don't pay for free information!

[Department of Education](#)

[Federal Trade Commission](#)

## **Student Aid and Where it Comes From**

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### **Basic assistance categories:**

- **Financial need-based**

Remember that students and their parents are responsible for paying what they can-- financial aid is a supplement, not a substitute, for family resources.

- **Non need-based**

Factors include academic excellence, ethnic background, or organization membership. Corporations may also offer assistance to employees and children.

### **Federal Student Aid:**

- Provides nearly 70% of student aid under Loans, Grants and Work/study programs.
- Available to all need-based applicants; some loans and competitive scholarships for non need-based.
- Free information from the United States Department of Education:
  - [Student Aid on the Web](#)
  - [Financial Aid Resource Publications](#)
- **Loans** are the most common federal aid and must be repaid when you graduate or leave college.
  - Stafford Loans (FFELs and Direct Loans) include:
    - [Federal Family Education Loans](#) (FFEL) from private lenders, such as banks and credit unions, guaranteed by the federal government.
    - [William D. Ford Direct Loans](#) (DL) directly from the federal government.
    - [Federal PLUS Loans](#) parental loans, not need-based.
  - [Perkins Loans](#) [ [Download a free PDF reader](#) ] for the most needy undergraduates; through participating schools.

- **Scholarships/grants** are mostly need-based and require no repayment:
- [Pell Grants](#)
- [Federal Supplemental Educational Opportunity Grants](#) (FSEOG)
  
- **Other grants, scholarships, and fellowships**, mostly graduate level: search the [Catalog of Federal Domestic Assistance](#) (CFDA) by *Beneficiary*, such as "Student or Trainee" or "Graduate Student".
  
- **"Congressional" scholarships:**
  - Named for Member of Congress or other prominent individual (such as Byrd Honors Scholarships, Fulbright fellowships)
  - Merit-based and highly competitive
  - Members of Congress do *not* play a role in selecting recipients
  
- **Work study** programs allow you to earn money while in school:
  - [Federal Work Study Program](#) : college campus jobs
  - [Student Educational Employment](#) : jobs with the federal government
  
- For questions not covered by the Department of Education Web site, call the **Federal Student Aid Information Center** at 1-800-433-3243.

### State Student Aid:

- Check with your [State Higher Education Agency](#) and [State Guarantee Agency](#) .
- Consider prepaid tuition and college savings ("Section 529") plans: [College Savings Plans Network](#)
- Search your Internet browser under terms such as **student financial aid** or **assistance A ND your state**

### Colleges and universities:

Provide some 20% of aid, most need-based. Check [university Web sites](#) and the institution's financial aid office when you apply for admission.

### **Private foundations, corporations, and organizations:**

Offer scholarships or grants:

[College Board Scholarship Search](#)

[FastWeb](#)

[Grants for Individuals](#)

### **Targeted Aid for Specific Groups**

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- [Grants for Minorities](#) : Asians, Blacks, Hispanics, Latinos, Native Americans, and Other Ethnic Groups

- African Americans: [For Students: Scholarships](#)
- Disabled students: [HEATH Resource Center](#) [ [Download a free PDF reader](#) ]
- Foreign students: [Financial Aid for International Students](#)
- Hispanic Americans: [Scholarships](#)
- [Financial Aid for Law School](#)
- Medical students: [Financing Your Medical Education](#)
- Native Americans: [American Indian College Fund](#)
- Study abroad (for U.S. and non-U.S. citizens): [International Financial Aid](#)
- Veterans: [Education Benefits](#)

### **Interested in public service?**

Federal assistance programs seek to encourage people to work in geographic areas or professions where there's a particular need (such as doctors in underserved areas); encourage underrepresented groups to enter a particular profession; and provide aid in exchange for services provided (such as military service).

- [AmeriCorps Education Award](#)

Volunteers who complete one year of service receive an education award for current higher education expenses or to repay student loans.

- [Army Tuition Assistance](#)

Additional benefits for Army personnel.

- [Bureau of Health Professions](#)

Scholarships and loans to needy health profession students from disadvantaged backgrounds.

- [e-Scholar](#)

Scholarships, grants, fellowships, internships, and cooperative education with federal agencies.

- [Indian Health Service](#)

Scholarships for American Indian/Alaskan Native health profession students and loan repayment for persons working in IHS facilities.

- Military academies:

[United States Air Force Academy](#)

[United States Coast Guard Academy](#)

[United States Merchant Marine Academy](#)

[United States Military Academy](#)

[United States Naval Academy](#)

- [National Health Service Corps](#)

Scholarships and loan repayment for health profession students who agree to work in underserved areas.

- [Nursing Scholarships](#)

Offered in exchange for two years of service in areas with critical nursing shortages.

- Reserve Officers Training Corps (ROTC)

For students who want to be commissioned as officers after graduating from college.

[United States Air Force ROTC](#)

[United States Army ROTC](#)

[United States Navy ROTC](#)

**Aid for private K-12 education:** No direct federal assistance, check with schools themselves:

- [Coverdell Education Savings Accounts](#) : for elementary and secondary school expenses as well as higher education.

- [Children's Scholarship Fund](#) : partial tuition assistance to low-income students.

## Repaying Your Loans

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After college, the **federal government** has ways to help you [repay your loans](#) .

- Eligibility depends upon the type of loan, when it was made, and whether it's in default. Check with your loan officer to find out if you qualify.

- [Loan Consolidation](#) : combine your federal loans into a single loan with one monthly payment.

- Sometimes loans may be canceled in exchange for public service.

Teachers: [Cancellation/Deferment Options](#)

Health professions: [National Health Service Corps](#)

Federal employees: [Federal Student Loan Repayment Program](#)

- If you are having problems with your loan and all other approaches fail, contact the Department of Education's [Office of the Ombudsman](#) .

**States, schools, and some private employers** provide help in repaying loans in exchange for public service.

- Law school graduates: [State Loan Repayment and Forgiveness Programs](#)
- Medical school graduates: [State Loan Repayment Program](#)